Thriving in Your New Happily Ever After: A Comprehensive Guide to Surviving and Thriving After Divorce



Life Without Baby Workbook 4: Thriving in a New Happily Ever After by Lisa Manterfield

★ ★ ★ ★ 4.7 out of 5 Language : English File size : 3196 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 64 pages : Enabled Lending



Divorce is a major life transition that can be emotionally and practically challenging. If you're going through a divorce or have recently finalized one, you may be feeling lost, alone, and uncertain about the future. The good news is that it is possible to not only survive but also thrive after divorce.

In her book *Thriving in Your New Happily Ever After*, author [Author's Name] provides a comprehensive guide to help you navigate the challenges and opportunities of life after divorce. Drawing on her own experiences as a divorcee and her work with countless other individuals going through similar transitions, [Author's Name] offers practical advice, emotional support, and a roadmap for rebuilding your life after divorce.

What to Expect in *Thriving in Your New Happily Ever After*

Thriving in Your New Happily Ever After is divided into three parts:

1. Part One: The Journey of Divorce

This section provides an overview of the divorce process, from the initial decision to file to the final decree. [Author's Name] discusses the emotional and practical challenges you may face along the way and offers strategies for coping with each.

2. Part Two: Rebuilding Your Life

Once your divorce is finalized, it's time to start rebuilding your life. This section offers guidance on everything from creating a new financial plan to finding a new home and building a new social network.

3. Part Three: Thriving in Your New Life

The final section of the book focuses on helping you to thrive in your new life after divorce. [Author's Name] discusses the importance of self-care, personal growth, and finding new meaning and purpose in life.

Who Should Read *Thriving in Your New Happily Ever After*?

Thriving in Your New Happily Ever After is an essential resource for anyone who is going through a divorce or who has recently finalized one. It is also a helpful read for anyone who is interested in supporting a loved one who is going through a divorce.

About the Author

[Author's Name] is a divorce coach and author who has helped countless individuals navigate the challenges and opportunities of life after divorce. She is passionate about helping people to heal from the pain of divorce and to create a new life that is even better than the one they had before.

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Thriving in Your New Happily Ever After is available now on Our Book Library.com and other major retailers.

Free Download your copy today and start your journey to thriving in your new life after divorce.



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