# The Zabar Family Story: A Culinary Legacy Steeped in History and Tradition

For over 80 years, Zabar's has been a culinary institution in New York City. With its vast selection of gourmet foods, from smoked salmon to artisanal cheeses, and its lively atmosphere, Zabar's is a destination for both locals and tourists alike.

But behind the iconic facade lies a rich family history that is as fascinating as the food itself.

The Zabar story began in 1934, when Louis Zabar, a Ukrainian immigrant, opened a small grocery store on the Upper West Side of Manhattan. With his wife Rose, he worked tirelessly to build a business that would eventually become a landmark.



#### Zabar's: A Family Story, with Recipes by Lori Zabar

4.5 out of 5

Language : English

File size : 68152 KB

Text-to-Speech : Enabled

Enhanced typesetting: Enabled

Word Wise : Enabled

Print length : 222 pages

Screen Reader : Supported



In the early days, Zabar's was a modest operation. Louis and Rose sold basic groceries, as well as a few specialty items, such as smoked salmon

and caviar. But the store quickly gained a reputation for quality and service, and soon customers were flocking from all over the city to shop at Zabar's.

As the business grew, so did the Zabar family. Louis and Rose had three children: Stanley, Eli, and Muriel. All three children worked in the store at one time or another, and they eventually took over the business from their parents.

Under the leadership of the second generation, Zabar's continued to expand and evolve. The store added new departments, including a bakery, a cheese counter, and a coffee bar. It also began to offer a wider variety of gourmet foods, from around the world.

Today, Zabar's is a thriving business with over 300 employees. The store is still owned and operated by the Zabar family, and it remains a beloved destination for food lovers of all ages.

In addition to their retail store, the Zabars have also published several cookbooks. The latest cookbook, "The Zabar Family Story," is a collection of recipes and stories that spans three generations of the family.

"The Zabar Family Story" is more than just a cookbook. It is a culinary memoir that offers a behind-the-scenes look at one of New York City's most iconic food emporiums.

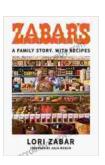
The book is divided into three parts. The first part tells the story of Louis and Rose Zabar and the early days of the store. The second part features recipes from the three Zabar children, Stanley, Eli, and Muriel. And the third part includes recipes from the fourth generation of the family, Louis Zabar's grandchildren.

The recipes in "The Zabar Family Story" are as varied as the store itself. There are recipes for everything from smoked salmon to cheese blintzes to chocolate babka. And each recipe is accompanied by a personal story from the family member who created it.

"The Zabar Family Story" is a wonderful book for anyone who loves food, cooking, and New York City history. It is a book that will be treasured by Zabar's fans for generations to come.

#### Recipes from "The Zabar Family Story"

- Louis Zabar's Smoked Salmon
- Rose Zabar's Cheese Blintzes
- Stanley Zabar's Chocolate Babka
- Eli Zabar's Roasted Chicken with Potatoes and Carrots
- Muriel Zabar's Apple Pie
- Adam Zabar's Grilled Cheese Sandwich
- Eve Zabar's Pasta with Tomato Sauce
- David Zabar's Chocolate Chip Cookies
- Sarah Zabar's Banana Bread



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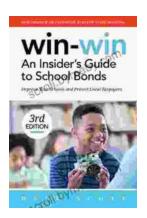
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