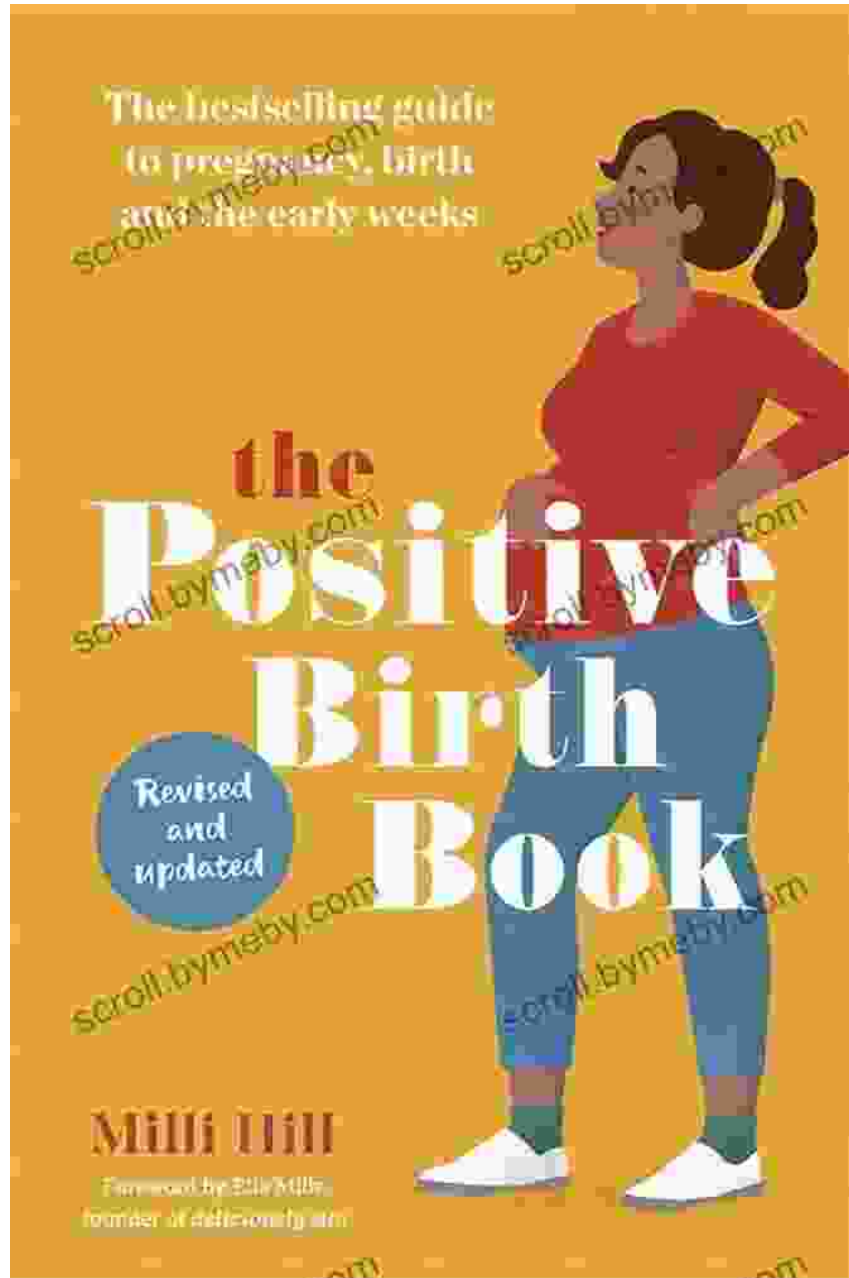


Head Start at Birth: Unlocking Your Child's Potential from the Very Beginning



HEAD START AT BIRTH #7 by Simon Gervais

★★★★★ 4.6 out of 5

Language : English

File size : 22398 KB

Screen Reader : Supported



Print length : 23 pages



Every parent wants to give their child the best possible start in life. But what does that really mean? And how can you make sure you're doing everything you can to help your child reach their full potential?

In his new book, *Head Start at Birth*, Dr. Simon Gervais provides a comprehensive guide to giving your child the best possible start in life. Starting from the moment of conception, this book provides practical advice and evidence-based research on how to promote your child's physical, cognitive, and emotional development.

Dr. Gervais is a leading expert in early childhood development. He has spent decades researching the factors that contribute to a child's success. In *Head Start at Birth*, he shares his insights on how to create a nurturing environment for your child, from the womb to the toddler years.

Head Start at Birth is divided into three parts:

1. **Part One: The First 1,000 Days**

This section covers the crucial period from conception to age two. Dr. Gervais discusses the importance of prenatal care, nutrition, and

stimulation during this time. He also provides tips on how to bond with your baby and promote their emotional development.

2. **Part Two: The Toddler Years**

This section covers the toddler years, from ages two to five. Dr. Gervais discusses the importance of play, language development, and social skills during this time. He also provides tips on how to discipline your toddler and help them learn to regulate their emotions.

3. **Part Three: The Road Ahead**

This section provides a look ahead to the school years and beyond. Dr. Gervais discusses the importance of education, extracurricular activities, and social support for your child's continued development. He also provides tips on how to help your child cope with the challenges of adolescence and young adulthood.

Head Start at Birth is an essential guide for any parent who wants to give their child the best possible start in life. Dr. Gervais's research-based advice will help you create a nurturing environment for your child and promote their physical, cognitive, and emotional development.

Free Download your copy of Head Start at Birth today!

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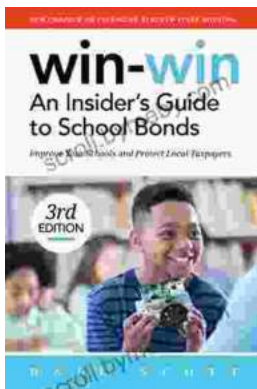
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