

Enough About You: Notes Toward The New Autobiography

By Pamela Paul

In her groundbreaking book, *Enough About You: Notes Toward The New Autobiography*, Pamela Paul argues that the traditional autobiography is no longer relevant in today's world. She writes that the old model of autobiography, which focused on the recounting of facts and events, is no longer able to capture the complexity and nuance of our lives.



Enough About You: Notes Toward the New Autobiography by David Shields

★★★★☆ 4.3 out of 5

Language : English

File size : 1974 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Word Wise : Enabled

Print length : 191 pages

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Item Weight : 7.7 ounces

Dimensions : 6 x 0.27 x 9 inches



Paul offers a new approach to autobiography that focuses on the process of self-discovery rather than on the recounting of facts. She writes that the new autobiography is not about telling the story of your life, but about exploring who you are and what you want to become. Through a series of

exercises and prompts, Paul helps readers to identify their unique voice and to tell their story in a way that is both authentic and meaningful.

Enough About You is a transformative guide to writing an autobiography. It is a book that will help you to discover your own voice and to tell your story in a way that is both personal and powerful.

What Others Are Saying About Enough About You

"Enough About You is a groundbreaking book that will change the way we think about autobiography. Pamela Paul offers a new approach to writing an autobiography that is both personal and transformative. This book is a must-read for anyone who wants to tell their story in a way that is both authentic and meaningful." - **Cheryl Strayed, author of Wild**

"Pamela Paul's Enough About You is a brilliant and timely book. She argues that the traditional autobiography is dead, and she offers a new model that is more relevant to our lives today. This book is essential reading for anyone who wants to write about their life in a way that is both honest and meaningful." - **Elizabeth Gilbert, author of Big Magic**

"Enough About You is a game-changer. Pamela Paul has written a book that will help you to discover your own voice and to tell your story in a way that is both authentic and powerful. This book is a must-read for anyone who wants to write an autobiography." - **Ann Patchett, author of The Dutch House**

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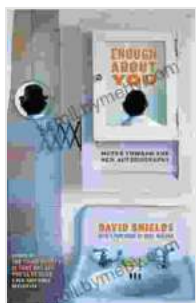
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Thank you for your interest in Enough About You. I hope you find this book to be as transformative as I have.

Sincerely,

Pamela Paul



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