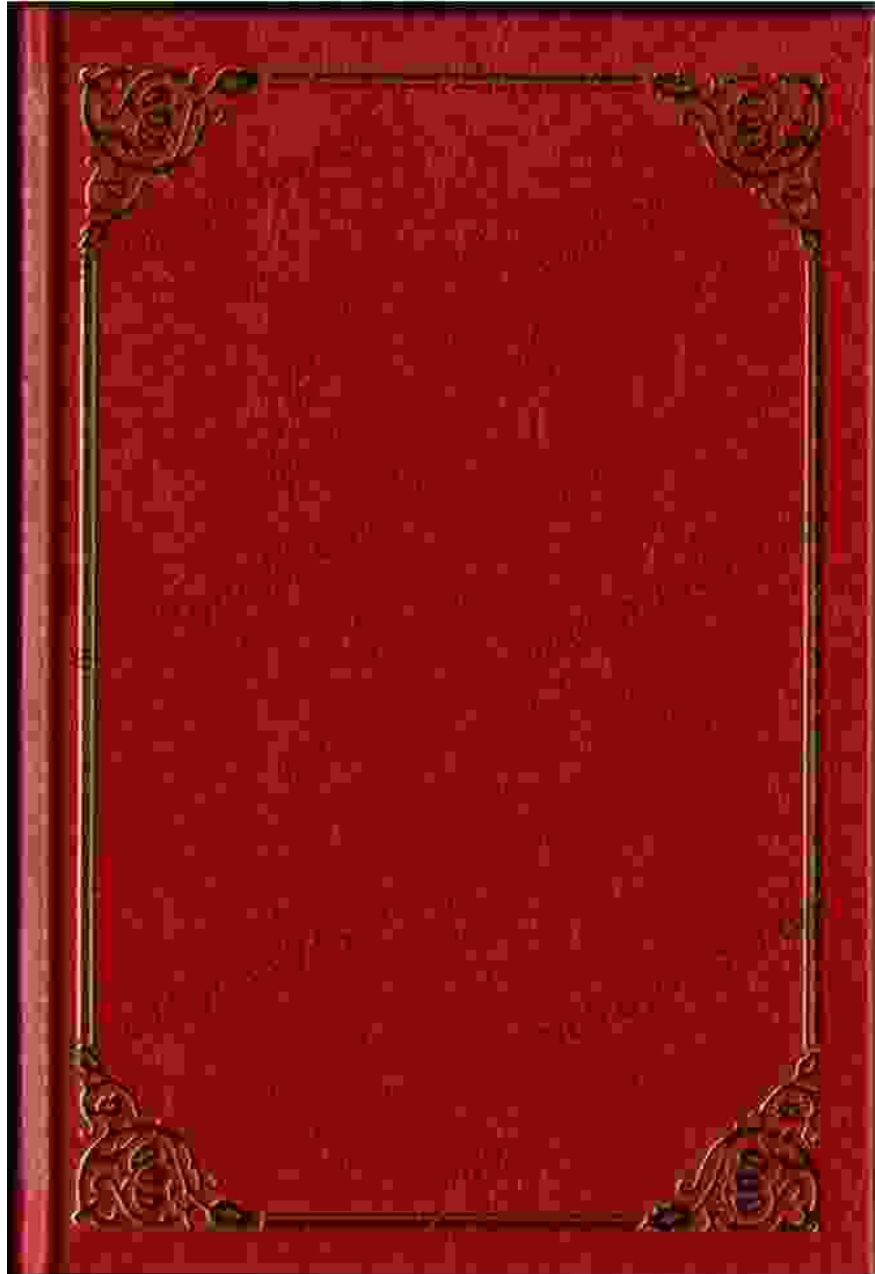
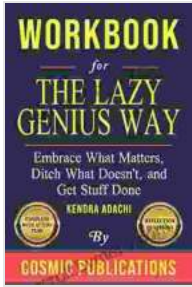


Embrace What Matters: Ditch What Doesn't and Get Stuff Done



Workbook for The Lazy Genius Way: Embrace What Matters, Ditch What Doesn't, and Get Stuff Done by **Kendra Adachi** by Cosmic Publications

★★★★☆ 4.6 out of 5



Language	: English
File size	: 1397 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 77 pages
Screen Reader	: Supported



By Kendra Adachi

Are you feeling overwhelmed, stressed, and like you're constantly running out of time? If so, you're not alone. In today's fast-paced world, it's easy to get caught up in the hustle and bustle and lose sight of what's truly important.

In her groundbreaking book, *Embrace What Matters: Ditch What Doesn't and Get Stuff Done*, Kendra Adachi provides a step-by-step guide to help you declutter your life, both physically and mentally. She shows you how to identify what's truly important to you, let go of the things that are holding you back, and create a more focused and productive life.

What You'll Learn in *Embrace What Matters*

- How to identify your core values and live in alignment with them
- How to declutter your physical space and your mind
- How to set boundaries and say no to the things that don't matter
- How to create a more focused and productive schedule
- How to find time for the things that you love

Embrace What Matters is more than just a productivity book. It's a life-changing guide that will help you create a more meaningful and fulfilling life. If you're ready to ditch the stress and overwhelm and start living a life that matters, then this book is for you.

Testimonials

"*Embrace What Matters* is a must-read for anyone who wants to live a more focused and productive life. Kendra Adachi provides a practical and actionable guide to help you identify what's truly important and let go of the things that are holding you back."

-Gretchen Rubin, author of *The Happiness Project*

"Kendra Adachi has written a brilliant book that will help you declutter your life and find more time for the things that matter. *Embrace What Matters* is full of practical advice and exercises that will help you make lasting changes in your life."

-Marie Kondo, author of *The Life-Changing Magic of Tidying Up*

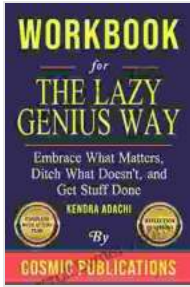
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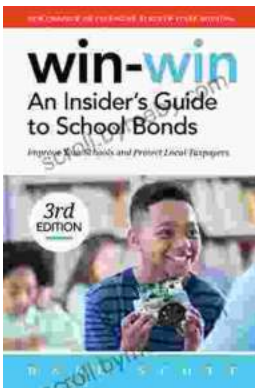


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