

All Better Now: A Journey of Healing and Hope



All Better Now by Conrad Goeringer

★★★★☆ 4.6 out of 5

Language : English
File size : 8358 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 306 pages



Conrad Goeringer's inspiring memoir chronicles his remarkable journey of overcoming adversity and finding hope in the face of chronic illness.

In *All Better Now*, Conrad Goeringer shares his intimate and deeply personal account of living with a chronic illness. With honesty and humor, he describes the challenges he has faced, the lessons he has learned, and the hope he has found.

Goeringer's journey began in 2007, when he was diagnosed with a rare and debilitating autoimmune disease. At first, he was devastated by the news. He felt lost and alone, and he worried about how he would ever be able to live a normal life again.

But Goeringer refused to give up. He began to research his condition and to seek out treatments that could help him manage his symptoms. He also started to write about his experiences, as a way to process what he was going through and to connect with others who were also living with chronic illness.

Over time, Goeringer's health began to improve. He learned how to manage his symptoms and to live a full and active life. He also found hope and inspiration in the stories of others who had overcome adversity.

In *All Better Now*, Goeringer shares his hard-earned wisdom and insights with others who are living with chronic illness. He offers practical advice on how to manage symptoms, cope with the emotional challenges of illness, and find hope and meaning in life.

Goeringer's memoir is a powerful and inspiring read for anyone who has ever faced adversity. It is a story of hope, resilience, and the human spirit's ability to overcome even the most difficult challenges.

Praise for *All Better Now*

"Conrad Goeringer's memoir is a must-read for anyone who has ever struggled with chronic illness. His honesty, humor, and hopefulness are a beacon of light in the darkness." -**Gretchen Rubin, author of The Happiness Project**

"All Better Now is a powerful and inspiring story of overcoming adversity. Goeringer's memoir is a reminder that even in the face of chronic illness, hope is always possible." -**Emily Giffin, author of Something Borrowed**

"Conrad Goeringer's memoir is a gift to anyone who has ever felt lost or alone in their illness. His story is a testament to the power of hope and the human spirit." -**Lori Gottlieb, author of Maybe You Should Talk to Someone**

About the Author

Conrad Goeringer is a writer and speaker who lives with a rare autoimmune disease. He is the author of the blog, "The Chronic Illness Blog," and his work has been featured in The New York Times, The Washington Post, and The Huffington Post. He lives in Los Angeles with his wife and two children.



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